

Join your community on Mental Health Awareness Week 11-17 May!

#MentalHealthAwarenessWeek

#MomentsofJoy



What's On

Monday 11th May - New exciting content released on CPSL Mind's social media channels!

Tuesday 12th May - Punt & Pastry Business Networking event, CPSL Mind Cambridge office & on the River Cam with Let's Go Punting (9:45am-12:15pm)

Wednesday 13th May - Wellness Wednesday event in partnership with the Citizen Hub and Woodgreen pets charity, the Citizen Hub, St Neots (9:00am-6:00pm)

Thursday 14th May - CPSL Mind staff and volunteer event (Online via Teams) (12:00pm-1:30pm)

Friday 15th May - Bring and Buy Sale, Sutton Bridge, South Lincolnshire (11:00am-2:00pm)

Saturday 16th May - Move with Mind fitness workout, in partnership with Built Around Fitness. Peterborough Cathedral Square (9:00am-4:00pm)



Scan the QR code to find out more!



Cambridgeshire, Peterborough and South Lincolnshire