**A New Volunteering Opportunity with CPSL Mind:**

**Peer Mentor**

CPSL Mind is a vibrant, values-led charity that supports local people in their recovery from mental health challenges, promotes wellbeing and campaigns against stigma and discrimination.

We are currently seeking Peer Mentors to join our growing Good Life service.

This is a 6 month + volunteer placement which offers practical experience of providing wellbeing support to the community with both 1:1 and group facilitation opportunities. On completion of our peer mentor training programme, you will be offered a placement within our county wide Good Life Service.

**CPSL Mind Volunteer Peer Mentor**

Approximately 3 hours per week

Based in Cambridgeshire or Peterborough, with some home working if applicable.

This post presents an exciting opportunity to work for a forward-thinking mental health charity, and to grow and develop with in line with organisational strengths. The ideal candidate will have an element of lived experience, either personally or professionally.

Have good communication skills, empathy and the ability to work within a team.

**\*We are an equal opportunities employer and welcome applications from all sections of the community\***

To register your interest and receive access to our “is this for me” please email [volunteering@cpslmind.org.uk](mailto:volunteering@cpslmind.org.uk)

Only after the “is this for me” session will the Application Form, Role specification and Equality & Diversity Monitoring Form be sent.

If you require further information or support please contact [volunteering@cpslmind.org.uk](mailto:volunteering@cpslmind.org.uk) or [**0300 303 4363**](tel:0300%20303%204363)

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Online/face to face interviews will be carried out before invite to training to ensure suitability.

**Online training will consist of 6 sessions in the week between 10am and 2pm.**

**Training date to be confirmed**

Additional mandatory online training is required for our volunteers.

**Please note we do not accept CV’s**

Charity number: 265087 Company number: 1082980