**An Exciting Opportunity at CPSL Mind:**

Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind is a progressive and expanding mental health charity. Our vision is a society in which everyone has positive mental health and feels part of a connected community.

 

**Crisis Recovery Worker**

**28 hours per week**

**Shifts 5.30pm – 1.00am**

**Salary Scale Point 19 £28,070.00 pa FTE**

**£20,959 per annum (28 hours)**

**Based in Cambridge**

The Sanctuary

Our Sanctuaries are based in Cambridge and Peterborough and provide a safe place for individuals to visit while experiencing mental health distress as an alternative to attending A&E. Support is provided either face to face, virtually or over the telephone using a person-centred, strengths-based approach.

We are looking for a Crisis Recovery Worker to join our team!

If you are interested in this exciting opportunity and you are able to meet the criteria detailed below, please apply!

What do Crisis Recovery Workers do?

* Provide 1:1 support, either over the phone, online or in person
* Support with wellbeing and safety planning
* Instil a sense of hope that an individual’s situation can change
* Empower individuals to take an active role in their recovery
* Support individuals through worker guided self-help strategies including grounding, breathing techniques and muscle relaxation

Crisis Recovery Worker criteria:

* You must be able to show empathy and compassion with a non-judgemental approach
* You should be passionate about promoting positive mental health and have excellent verbal communication and listening skills.
* You should be able to manage professional boundaries

***CPSL Mind is an equal opportunities employer and welcomes applications from all sections of the community.***

To apply, please visit our website: [www.cpslmind.org.uk](http://www.cpslmind.org.uk) to complete a CPSL Mind Application Form, then attach your covering letter outlining how you meet the person specification and a completed Equality & Diversity Monitoring Form

If you require further information please contact our Carolyn Smith, Recruitment Co-ordinator carolyn.smith@cpslmind.org.uk

**We actively monitor applications for employment and will shortlist and arrange interviews as applications are submitted. CLOSING DATE: Monday 18th December 2023**

**Please visit:** <https://www.cpslmind.org.uk/about-us/careers/> **for full details**

**Charity number: 265087 Company number: 1082980**