**Volunteer Opportunities at CPSL Mind:**

**Perinatal Support**

CPSL Mind is a vibrant, values-led charity that supports local people in their recovery from mental health issues, promotes wellbeing and campaigns against stigma and discrimination. Please note reasonable travel expenses will be reimbursed, we encourage volunteers to support within their local community. We ask all volunteers to apply if they can commit to at least 6 months.

We are an equal opportunities employer and welcome applications from all sections of the community.



* Chatteris Child and Family Centre:10am-12noon (usually the first Wednesday of the month)
* March Child and Family Centre: 1pm-2.30pm (usually the 3rd Wednesday of the month
* Wednesday (fortnightly) 10am-12pm from Eaton Socon Child and Family Centre, Bushmead Road, Eaton Socon, St Neots PE19 8JD

Please visit our website: [www.cpslmind.org.uk](http://www.cpslmind.org.uk) for information on roles or follow link: [Volunteer (cpslmind.org.uk)](https://www.cpslmind.org.uk/get-involved/volunteer/) to complete a CPSL Mind Application Form, then attach your completed Equality & Diversity Monitoring Form (we do not except CV’s) and send to volunteering@cpslmind.org.uk

**If you require further information or support, please contact: volunteering@cpslmind.org.uk**

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Charity number: 265087 Company number: 1082980