Good Life Referral Criteria: specialist community mental health support

**Referral Criteria:**
- Live in Cambridgeshire (this aspect of Good Life Service is not available in Peterborough)
- Engaged with Secondary Care Services (CPFT) and
- Subject to the Care Programme Approach (CPA) and/or
- Eligible needs under the Care Act (2014) or
- Provisions made under S117 of the Mental Health Act

**Requirement:**
Joint conversations with individual accessing support*, Care Co-ordinator and Good Life Manager to discuss:
- Individual aspirations
- Good Life ‘Journey Plan’
- Time frame of support and review dates

**What a Good Life Package Can do:**
- Strengths-based support “alongside” individuals
- Prompt with medications/ daily tasks if required
- Recovery focussed work within local community

**What a Good Life Package Can’t do:**
- Domiciliary care
- Administer medication
- Provide crisis intervention

*Friends and/or family members are welcome to join these conversations if requested by individuals requiring support.

To make a referral to the Good Life specialist community mental health support, please contact our Good Life Manager by calling 0300 303 4363 or emailing: goodlife@cpsimind.org.uk FAO Good Life Manager