

Please note: referrals into this aspect of the Good Life Service is via secondary care professionals only.

## Good Life Referral Criteria: specialist community mental health support

### Referral Criteria:

- Live in Cambridgeshire (this aspect of Good Life Service is not available in Peterborough)
- Engaged with Secondary Care Services (CPFT)  
And
- Subject to the Care Programme Approach (CPA)  
And/ Or
- Eligible needs under the Care Act (2014)  
Or
- Provisions made under S117 of the Mental Health Act



### Requirement:

Joint conversations with individual accessing support\*, Care Co-ordinator and Good Life Manager to discuss:

- Individual aspirations
- Good Life 'Journey Plan'
- Time frame of support and review dates



### What a Good Life Package Can do:

- Strengths-based support "along-side" individuals
- Prompt with medications/ daily tasks if required
- Recovery focussed work within local community

### What a Good Life Package Can't do:

- Domiciliary care
- Administer medication
- Provide crisis intervention

\*Friends and/or family members are welcome to join these conversations if requested by individuals requiring support.

To make a referral to the Good Life specialist community mental health support, please contact our Good Life Manager by calling 0300 303 4363 or emailing: [goodlife@cpslmind.org.uk](mailto:goodlife@cpslmind.org.uk) FAO Good Life Manager